

**eJoli**

**Temporary Dermal Fillers  
Consent Form**

## Temporary Dermal Fillers Consent Form- Hyaluronic Acid (face)

\_\_\_\_\_ is a sterile gel consisting of non-animal, stabilised hyaluronic acid and a local anaesthetic called lidocaine. Hyaluronic acid is a sugar, naturally occurring in the skin and throughout the body. The sterile gel is injected into the skin to correct facial lines, wrinkles and folds, for lip enhancement and for shaping facial contours including chin, cheeks, jawline and the nose.

### Motivations and Expectations:

### Common Side Effects, Associated with the Injection

- Pain or stinging sensation when the injection is performed.
- Localised swelling, redness and or tenderness
- Bleeding at the sites of injection
- Bruising. Rarely, bruising may be severe and may persist for several weeks.
- Numbness or itching of the area following injection.

Common side effects are expected to resolve spontaneously, within the first few days of treatment. Whilst not expected, it is possible that reactions described may persist for longer than expected and may inhibit your confidence to attend work or social events. You are advised to schedule treatment with this in mind, allowing time for common reactions such as bruising and swelling, to settle.

### Uncommon Side Effects

- Infection
- Inflammation
- Skin discolouration
- Infection or skin discolouration may occur within a few days, or weeks to months following treatment.
- Allergic or sensitivity reaction, which may be local (redness, itching and rash at the site of treatment), or may be severe requiring hospital treatment.
- Abscess formation
- Prolonged swelling which may occur early or present after several weeks
- Persistent lumps, nodules or papules
- Acne like formations
- A Foreign body reaction known as 'granuloma' presenting as lumps or nodules
- The blood supply to the skin may be interrupted by swelling or inadvertent injection into a vessel, causing pain, skin damage and possible scarring.
- Though extremely rare, transient visual disturbance or permanent blindness has been reported following injectable cosmetic treatment.

### Material Information Provided:

Correction is expected to last for a period of 6-12 months. The successful outcome varies by degree and how long it lasts varies from one individual to another and cannot be guaranteed. I understand that whilst I have been advised as to a probable result, this should not be interpreted as a guarantee.

**Alternative treatments I have been advised I may consider:**

I confirm that I understand this is an elective procedure. I have been advised that there are alternatives to this procedure available, including the acceptance of my present condition.

I confirm that the medical health history form has been completed truthfully and I am fully aware that withholding medical information, including history of previous treatment, may be detrimental to the safe and optimal outcome of any treatment administered.

If there are any changes in my medical history, I must inform the practitioner.

I understand that though complications are uncommon, they do sometimes occur. It is possible that side effects not described may occur and indeed that a complication not previously reported or may occur for the first time.

I understand if I suffer any adverse reactions that are not expected, or concern me, I must contact the clinic. An appointment will be made for me to be seen. The clinic cannot take responsibility for complications or results that have not been reported, assessed, documented and managed in a timely fashion.

I confirm that I have been provided with verbal and written information about this treatment which includes aftercare and follow up advice. I am satisfied the procedure has been explained comprehensively and that the possible risks and benefits associated with the treatment have been fully discussed and understood. I have had the opportunity to have any questions answered and have taken sufficient time to process and consider the information provided before making a decision to proceed with the agreed treatment plan.

I agree to follow the aftercare advice and understand this reduces risk of adverse reactions and helps ensure optimum results.

I understand information about me will be treated as confidential and access to it restricted in accordance with the Data Protection Act, unless specific permissions given.

Permissions Requested;

I consent to my medical records being shared with appropriate professional staff ☐

I understand photographs are taken as part of my medical record.

On occasion it is helpful to share visual images of our own treatment results.

I consent to photographs being published for;

- ☐ Educational and training purposes with medical professionals
- ☐ Educational purposes with selected patients during consultation
- ☐ Educational/promotional purposes in the clinics portfolio viewed by selected members of the public
- ☐ Educational/promotional purposes on the clinic website
- ☐ Educational purposes for selected public events

I understand that no fee is payable to me or any other person in respect of the material either now or at any time in the future.

I confirm that the purpose for which the material would be used has been explained to me in terms which I have understood.

I have read and agree to the Clinic Terms and Conditions.

Patients Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Practitioners Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

#### **HA Dermal Filler Patient Information**

- The majority of brands are made from hyaluronic acid
- Immediate results
- Minimal downtime
- Lasts 6-18 months depending on the product, treatment site, lifestyle factors and the individual.

## **What is Hyaluronic Acid?**

Hyaluronic acid is a naturally occurring sugar chain molecule found in all skin and soft tissues throughout the body, identical across species. It attracts and binds water in the skin, providing volume and hydration, but also 'cushioning' and supporting collagen and elastin fibres and providing a medium, or carrier, for chemical messages between the cells.

Dermal fillers are manufactured, usually through fermentation and cross linking with proteins to produce a clear, sterile gel for injection into the skin.

In the UK, there are over 160 brands on the market due in some part to weak regulation. Not all hyaluronic acids are the same, each brand has a range of 'tissue tailored' products designed for specific results. One size does not fit all. At this clinic we use only tried and tested brands. If you have a particular brand you prefer, please discuss with us.

Leading and well established brands include;

## **How does it Work?**

Hyaluronic acid dermal fillers are a clear sterile gel in a syringe for injection into the skin providing instant correction.

## **Used to Treat**

- To correct or enhance facial contours; cheeks, temples, jawline, nose, chin.
- To define, correct or enhance lips
- To soften and correct facial wrinkles or folds
- To restore lost volume in hands to reduce the appearance of veins and tendons
- To improve the tone, texture and hydration of the skin.

## **Does it Hurt?**

Most leading brands also contain a local anaesthetic and we will apply topical anaesthetic cream, or ice, prior to treatment to numb the skin. Treatment need not be painful.

## **Before Treatment**

All make up will need to be removed prior to treatment, so please come 'fresh faced' if possible. Alcohol, aspirin, Ibuprofen and a range of dietary supplements including; St. Johns Wort, fish

oils, Gingko Biloba, Vitamins C and E- may all contribute to bruising and are best avoided 24 hours before treatment. Treatment cannot be administered if there is an active skin infection, including acne or cold sores or if you are unwell- including colds, coughs, sore throats etc. Do contact the clinic to discuss any illness or new medicines prior to attending.

### **How long will it last?**

Longevity does vary between products, and between individuals, but most will last between 6 months and 18 months.

### **Is it Safe?**

Dermal fillers are safe, but not risk free, the nurse practitioner will discuss all the risks and benefits with you at consultation and again prior to treatment.

### **Am I suitable for Treatment?**

The practitioner will take a detailed medical history to ensure you have no conditions that might increase risk of unwanted side effects, consultation is also important to discuss your expectations and whether or not this treatment is able to meet them.

## Aftercare Advice

- Most people are able to continue with normal activities with immediate improvement in their appearance. Some will have some redness, pin prick marks, possibly swelling- particularly in the lips. Possibly bruising. Any swelling and bruising may be more apparent the next day.
- Make-up should not be worn for 12 hours
- You are advised to avoid alcohol, vigorous exercise, sun bathing, and extremes of heat or cold for 14 days post treatment. These activities have been found to increase and prolong swelling.
- Swelling may worsen in the first 24 hours, and then should settle within the first few days. Cold packs can be helpful in reducing swelling. As a consequence of swelling, the product may feel harder or lumpy and you may notice some asymmetry. The final result may be judged at 2 weeks.
- Bruising may take a few days to appear, arnica can be helpful in clearing bruising. It is advisable to avoid aspirin and alcohol for 12-48 hours after treatment. Tenderness should settle as swelling goes down.
- Athletes should be aware some ingredients in the product may show a positive in 'anti-dope tests'
- Please contact your practitioner if redness, tenderness, itching or swelling worsens after 3 days, rather than settling.
- Please do not hesitate to contact us if you have any concerns.